

## Pembrokeshire Visitor Pete Samra Inducted to Natural Bodybuilding Hall of Fame.

Following a recent visit to Pembrokeshire Pete Samra, 1980 Natural Mr USA and the 1980 Natural Mid-American Bodybuilding Champion, was recently inducted into the INABA/PABA Bodybuilders hall of fame.

On Sunday November 13th World President of the INABA/PABA, Denny Kakos, introduced Samra to the large audience of athletes, their families and officials as he inducted Pete into the natural bodybuilders hall of fame at a special awards banquet held in Reno Nevada. This ceremony was held during the Natural Amateur and Professional Olympia Bodybuilding Championships. The Natural Olympia is the pinnacle contest for natural bodybuilders. All athletes are tested for steroid use. Kakos, Samra and Wally Boyko started the ABA Natural Association in 1988. Samra resigned in 1998 when he went full time into ministry.

Kakos thanked Samra for his years he crusaded against steroids. The Samra anti-drug team frequently went into high schools with a message against steroids and drugs. Kakos mentioned Samra as a promoter of steroid free contests. During the event Samra said "People still ask if I body build. I answer yes, I still Body build, only now I am building the body of Christ".

Samra, who has helped to build 28 churches in the nation of South Africa, travels extensively preaching. This year in October, he travelled to the UK for a month where he held two crusades for the youth in Northern Ireland and spoke in a high school. He also held a crusade in Wales, including three Pembrokeshire events publicised in the Tenby Observer. He also spoke in many meetings in England. "Many young people got saved" Samra said.

Samra challenged the athletes to fight the evils of steroid abuse, and use their titles to motivate the youth to live prosperous and healthy lives.

Pete and Steffi Samra pastor the Abundant Life Christian fellowship in Surprise Arizona. For more information visit [www.petesamraministries.com](http://www.petesamraministries.com) or email [petesamraministries@hotmail.com](mailto:petesamraministries@hotmail.com).